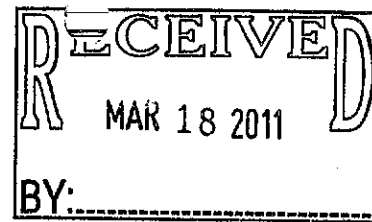


NCAMRA  
Three Year Plan



**Vision Statement**

NCAMRA is based on the firm belief that all individuals have the right to live, work and play in their own community. Furthermore, no individual should have to wait for that right.

**Mission**

It is the mission of NCAMRA to ensure provision of a system of effective and efficient services to the citizens of this area with intellectual disabilities. The system of services shall be consumer and family driven, shall be provided in the least restrictive setting, shall maximize consumer and family input and shall use existing support systems.

**Planning Process**

The Board will meet at regular intervals to review management reports on services, financial standings, consumer input, quality improvement and other issues of concern.

Public meetings will be conducted to review current services, seek family and consumer input and develop future initiatives.

**Plan Review**

Annually, the Board of Directors will evaluate the plan, and its implementation. The Board will make any necessary adjustments or changes. The Board will review its mission and vision statement.

**History and Resources**

- Our first organizational meeting was held on December 22, 1959. By June of 1960 the Morgan, Lawrence, Limestone Association for Retarded Children was incorporated (578) and conducted a four-week arts and crafts program. By September of the same year the Opportunity Center on Somerville Road was providing services to people.
- In 1967 the Alabama Legislator passed Act 310.
- By 1975 programs in Morgan, Limestone, Lawrence, and Cullman Counties were operating utilizing Title XX (Federal Funds).
- In 1976 Morgan, Lawrence, and Limestone ARC changed its name to the Center for Developmentally Disabled, North Central Alabama (CDDNCA). In 1977 CDDNCA reincorporated under Act 310.

- In 1990 Cullman County forms a separate 310 Board. In 1993 CDDNCA changes its name to North Central Alabama Mental Retardation Authority, Inc (NCAMRA) while forming the Centers for Developmentally Disabled, North Central Alabama.
- In 1998 NCAMRA's budget has grown to 2.3 million and is serving 175 individuals in day centers and 22 individuals in residential placements.

### **Today**

NCAMRA primary funding source is the Department of Mental Health with Medicaid earned revenue of \$9.2 million. State grants of \$4.3 million and local contributions of \$84 thousand. These total \$13.7 million in services across the three counties.

### **Population**

NCAMRA provides service to individuals with intellectual disabilities, within the guidelines of the funding sources. These services are available in Lawrence Limestone and Morgan counties.

The priority population of NCAMRA is those people with intellectual disabilities who request and need services.

### **Services and Supports**

NCAMRA provides services to individuals in Morgan, Lawrence and Limestone Counties. Our consumers are people with intellectual disabilities and their families. Our primary populations are 0-36 months and those individuals over 21 years of age. Secondary we may provide assistance to school age children.

Our services include, but are not limited to:

- Service Coordination
- Referral and Resource
- Intake and Evaluation
- Individual and Family Support Program
- Day Placement
- Residential Placement
- Infant and toddler services
- Personal Care
- In Home Supports

## **Resource Development and Allocation**

Funding for NCAMRA is provided by three sources:

- Medicaid provides approximately 67% of the funds for individuals that are eligible.
- The Department of Mental Health provides 32% matching funds in grant form.
- Local government and United Way provide 1% matching funds.

With each source of funding comes a different set of regulations and guidelines. Currently all funds are allocated for continuing services. New or additional sources will be required for any development or expansion of service.

## **Community**

The community needs are assessed through public input, statistical data, request for services and input from the school system.

### **Public Input**

Across the three counties, a series of public meetings were held in the last year.

The concerns expressed are:

1. Continued funding for individuals currently receiving services.
2. Appropriate services for individuals on the waiting list.
3. Improved transition from school to adult services.
4. Adequate funding for existing services.

### **Statistical Data**

The U.S. Census Bureau indicates as of 2000 total county population as:

Lawrence County	34,166
Limestone County	76,135
Morgan County	115,959
Total	226,260

	Morgan County	Limestone County	Lawrence County	
<i>Number of Individuals Receiving Adult Services:</i>				
Day	170	65	29	
Residential	145	17	9	
Infant	66	40	8	
<i>Total</i>	257	109	37	
<i>Individuals waiting for Services:</i>				
Day	51	28	9	
Residential	52	25	9	

### **Service Priorities:**

Based on the input from public meetings, a review of statistical data and current departmental policies NCAMRA service priorities are:

1. Currently served
2. Individuals in crisis
3. Waiting list

### **Goals for FY 2010-11**

1. Continue services under rate cuts.
2. Re-establish service to those individuals that lose it.
  - a. Place on waiting list.
  - b. Apply for Medicaid.
3. Serve the individual coming out of the school system.